



# POORNIMA

## COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

### A Report on “Happitude: Leading with more positivity”

#### CONTENTS:

**NAME OF ACTIVITY:** A session on “Happitude: Leading with more positivity”.

**DATE & DURATION:** August 20, 2021

**TYPE OF ACTIVITY:** Alumni session.

**ORGANIZER(S):** Department of Information Technology, Poornima College of Engineering, Jaipur.


#### EXPECTED OUTCOMES:

- Student will learn how to boost happiness at work & How to apply positive psychology in business.
- Student will be able to understand how to make feedback part of your team's culture Leading with more positivity
- Student will analyze How to embrace change and be more resilient & How to handle better stress & be more focused at work, And Prevent, Avoid, Handle Burnout & Science behind happiness

**MAPPINGS WITH PO & PSO:** Mapping Levels: 1- Low, 2- Moderate, 3-Strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3
CO1	-	-	-	-	-	3	-	-	-	-	-	-	2	3	2
CO2	-	-	-	-	-	-	-	-	3	-	-	-	2	3	2
CO3	-	-	-	-	-	-	-	-	-	-	-	3	2	3	2

FLYER / POSTER:



# POORNIMA

## COLLEGE OF ENGINEERING


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### Department of Information Technology

An Alumni Session  
on  
"Happitude: A positive approach to being happy"

Organized by Department of Information Technology

Name of Alumnus: Siddharth S. Nehra, Lieutenant commander, Indian Navy, Kochi  
Venue: AG-03  
Date and Day: August 20, 2021  
Timings: 10:30 A.M. - 12:15 P.M.



SAVE WATER      SAVE GREENERY      SAVE EARTH

**BRIEF BIODATA OF RESOURCE PERSON:** The resource person of the Alumni session is **Siddharth S. Nehra**, who 2010 batch is passed out from IT branch (PCE). He is currently working as Lieutenant commander, Indian Navy, Kochi.

**ABSTRACT OF THE SEMINAR:** Department of Information Technology, PCE organized an alumni session on topic "**Happitude: A positive approach to being happy**" on November 27, 2017 for III year IT students. It was delivered by **Siddharth S. Nehra**, Lieutenant commander, Indian Navy, Kochi.

Mr. Amol Saxena, Head, Department of Information Technology, Poornima College of Engineering, Jaipur welcomed the alumnus and all the participants in session.

The main objective of this seminar is to get students understand that it is more important for being successful. **Siddharth S. Nehra** discussed the following:

- Shared experience as an engineering student at PCE.
- Discussed about the career options after Graduation.
- Asked students to focus on communication skills and GDs as these are very important from placement perspectives.

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- Motivated students to be active in technical learning like programming and problem solving abilities.
- Learn how to boost happiness at work & How to apply positive psychology in business.
- Learn how to make feedback part of your team's culture leading with more positivity.
- How to embrace change and be more resilient & How to handle better stress & be more focused at work, And Prevent, Avoid, Handle Burnout & Science behind happiness.

### **GLIMPSES:**







**LIST OF PARTICIPANTS:**


S. No.	Registration No.	Year	Name
1	PCE19IT007	III Year	Ashutosh Singh
2	PCE19IT010	III Year	Chirag Gupta
3	PCE19IT060	III Year	Sneha Chaplot
4	PCE19IT018	III Year	Isha Jain
5	PCE19IT015	III Year	Eshna .Jain
6	PCE19IT006	III Year	Ashutosh Kumar .
7	PCE19IT001	III Year	Aditi Maheshwari
8	PCE19IT002	III Year	Aditi Yashwant Sharma
9	PCE19IT064	III Year	Vatsal Agarwal .
10	PCE19IT063	III Year	Vartika Jain .
11	PCE19EC025	III Year	Harshita Lohani
12	PCE19IT031	III Year	Manish Jangid
13	PCE19IT046	III Year	Rakesh Kumar Choudhary .
14	PCE19IT016	III Year	Gopal Sharma .
15	PCE19IT022	III Year	Ketan Gupta
16	PCE19IT030	III Year	Mahesh Rathi .
17	PCE19IT028	III Year	Lovish Yadav .
18	PCE19IT034	III Year	Naman Khamesra .
19	PCE19IT008	III Year	Ayushi Khandal
20	PCE19IT057	III Year	Shubhankar Kaviya .
21	PCE19IT019	III Year	Kajal Lal Chandani
22	PCE19IT039	III Year	Prakhar Mathur
23	PCE19IT003	III Year	Ajay Yadav .
24	PCE19IT005	III Year	Anirudh Surya .

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25	PCE19ME014	III Year	Anshu Jangid
26	PCE19ME044	III Year	Ronak Sharma
27	PCE19IT061	III Year	Anshu Jangid
28	PCE19IT012	III Year	Sourabh Bishnoi
29	PCE19IT036	III Year	Deepak Kumar Manjhi
30	PCE19IT020	III Year	Nisha .
31	PCE19IT048	III Year	Kanika .Agarwal
32	PCE19IT032	III Year	Rishabh Agarwal .
33	PCE19IT050	III Year	Mansi Jain .
34	PCE19IT041	III Year	Sakshi Agarwal
35	PCE19IT025	III Year	Prateek Kachhawaha
36	PCE19IT037	III Year	Khushi Sharma .
37	PCE19IT004	III Year	Palak Gupta
38	PCE19IT051	III Year	Aman Sharma
39	PCE19IT040	III Year	Sanyam Modi
40	PCE19IT047	III Year	Prakhar Mishra
31	PCE19IT042	III Year	Ramanshu Bansal .
32	PCE19IT017	III Year	Prateek Srivastava
33	PCE19IT053	III Year	Harpreet Singh .
34	PCE19IT052	III Year	Shaswat Pandey
41	PCE19IT056	III Year	Satpreet Singh Khera .
42	PCE19IT068	III Year	Shubham .
43	PCE19IT054	III Year	Yatin Agarwal
44	PCE19IT049	III Year	Shivam Jangid
45	PCE19IT026	III Year	Rudresh Sharma
46	PCE19IT029	III Year	Lalit Kumar Dhanjani
47	PCE19IT054	III Year	Yatin Agarwal
48	PCE19IT049	III Year	Shivam Jangid
49	PCE19IT026	III Year	Rudresh Sharma
50	PCE19IT029	III Year	Lalit Kumar Dhanjani
51	PCE18IT001	IV Year	Abhishek Choudhary
52	PCE18IT046	IV Year	Aman Kala
53	PCE18IT003	IV Year	Ankesh Agrawal
54	PCE18IT004	IV Year	Anurag Sharma
55	PCE18IT005	IV Year	Arjun Dey
56	PCE18IT006	IV Year	Arpit Khandelwal
57	PCE18IT011	IV Year	Devendra Singh Shekhawat .
58	PCE18IT013	IV Year	Harsh Chhparwal
59	PCE18IT015	IV Year	Himanshu Lohar .
60	PCE18IT018	IV Year	Karan Dey

**FEEDBACK ANALYSIS:**

SESSION FEEDBACK ANALYSIS			
Sr.no	Attributes	Total	Total Feed Back- 40

  
**Dr. Mahesh Bunde**  
 B.E., M.E., Ph.D.  
 Director  
 Poornima College of Engineering  
 ISI-6, RICO Institutional Area  
 Okapura, JAIPUR

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.		Feed Back	>80% Objective Achieved, 60 to 79 %- Satisfactory, Below 60%, Need improvement					Remark
			Yes	No	Partial	---	---	
1	Do you think session was useful for you?	40	35	0	5	0	0	Objective Achieved (90.00%)
			90.00	0.00	10.00	0.00	0.00	
2	Did you receive all the information you expected by the session?	40	37	0	3	0	0	Objective Achieved (93.33%)
			93.33	0.00	6.67	0.00	0.00	
3	Opinion on Rating the speaker for the session	40	Outstanding	Excellent	Good	Average	Satisfactory	Objective Achieved - Outstanding & Excellent (100%)
			40	0	0	0	0	
			100	0	0	0.00	0	
4	Audience Query Response by the Speaker	40	Outstanding	Excellent	Good	Average	Satisfactory	Objective Not Achieved (100%)
			40	0	0	0	0	
			100	0	0	0	0	
5	Overall experience about the Session	40	Outstanding	Excellent	Good	Average	Satisfactory	Objective Achieved - Outstanding & Excellent (83.99%)
			32	4	4	0	0	
			83.99	7.34	7.34	0	0	
6	Would you like to attend future Alumni Session conducted by the department?	40	Yes	No	---	---	---	Remark

