



POORNIMA

COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

A Report on Seminar on “STRESS MANAGEMENT”

TITLE AND DURATION: Stress Management

DATE: December 12, 2021.

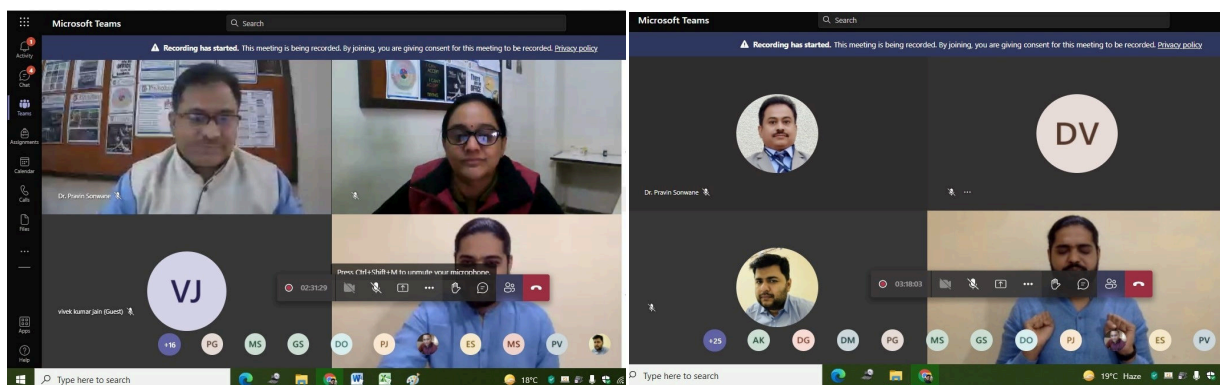
SPONSORS & SUPPORTERS: Nil

ORGANIZER(S): Department of Electrical Engineering

RESOURCE PERSON: Mr. Chirag Patil, Director, Art of Living.

ABOUT THE SEMINAR: Department of Electrical Engineering organizes a seminar on stress, management on 12.12.2021 Mr. Chirag Patil, Director, Art of Living is invited to conduct the session on stress management. Dr. Pankaj Gakhwar Coordinator welcomed him in online mode allow to conduct the session. Session was helpful to all attendees.

GLIMPSES OF THE SESSION:




Dr. Mahesh Bunde
B.E., M.E., Ph.D.
Director
Poornima College of Engineering
ISI-6, FIICO Institutional Area
Gulapura, JAIPUR

ATTENDANCE LIST:

S. N.	Reg. No	Name
1	PCE19EE048	SHAHNAWAZ ALAM .
2	PCE19EE049	SUNIL MEENA .
3	PCE19EE051	VISHNU MAHAWAR .
4	PCE19EE005	AMIT KUMAR .
5	PCE19EE006	ANKIT KUSHWAHA
6	PCE19EE007	ANKIT MAAN .
7	PCE19EE008	ANKIT MALI
8	PCE19EE009	ASHISH MEENA .
9	PCE19EE010	AYUSH GUPTA
10	PCE19EE011	BHUVANESH CHAUDHARY
11	PCE19EE012	CHAUDHARY HARIOM LAKSHMIKANT
12	PCE19EE017	GARVIT KHANDELWAL
13	PCE19EE018	HARDIK BHASKAR
14	PCE19EE019	HARSHIT KUMAR MEHARCHANDANI
15	PCE19EE020	HARSHVARDHAN SHRINGI
16	PCE19EE021	HEMANT KUMAR SHARMA
17	PCE19EE036	MAYANK YADAV
18	PCE19EE040	MOHIT JOSHI
19	PCE19EE042	NAVNEET KUMAR SAINI
20	PCE19EE043	NIDHI SINGH BUNKER
21	PCE19EE023	JATIN AGARWAL
22	PCE19EE024	KANAK PAREEK
23	PCE19EE025	KARAN JANGID
24	PCE19EE026	KESHAV KUMAR SHARMA
25	PCE19EE027	KHUSHI VERMA .
26	PCE19EE029	KUNAL JAIN
27	PCE19EE045	PRIYA KANWAR
28	PCE19EE517	SANEY THAKUR
29	PCE19EE047	SATYAM KUMAR SHUKLA
30	PCE19EE039	MEENAKSHI RATNAWAT
31	PCE19EE035	MANSI BARDAWAT

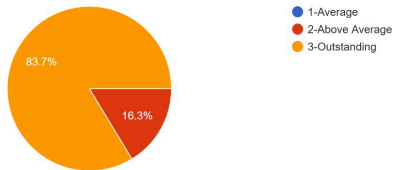
FEEDBACK ANALYSIS:

Feedback Form

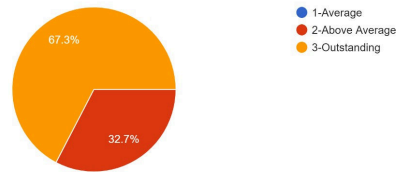
Name of Organization *	Your answer
City *	Your answer
State *	Your answer
Rate the knowledge shared in the session by session expert *	☐ 1-Average ☐ 2-Above Average ☐ 3-Outstanding
Knowledge Enhancement *	☐ 1-Average ☐ 2-Above Average ☐ 3-Outstanding
Relevancy of Topics *	☐ 1-Average ☐ 2-Above Average ☐ 3-Outstanding
About Speakers? *	☐ 1-Average ☐ 2-Above Average ☐ 3-Outstanding
Overall Experience	☐ 1-Average ☐ 2-Above Average ☐ 3-Outstanding
Suggestion (If any)	Your answer

Feedback Responses

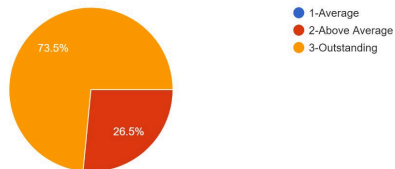
Rate the knowledge shared in the session by session expert
49 responses



Knowledge Enhancement
49 responses



Relevancy of Topics
49 responses



About Speakers?
49 responses

