



POORNIMA

COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

A Report On A National Webinar On “The Purpose Of Education - Mental Balance”

TITLE AND DURATION: A National Webinar On “The Purpose of Education - Mental Balance”

Sept. 5, 2020.

SPONSORS & SUPPORTERS: SAE CLUB, PCE, JAIPUR

ORGANIZER(S): Department of Mechanical Engg, Poornima College of Engineering, Jaipur.

EXPECTED OUTCOMES:

- Student will be able to enhance the knowledge about purpose of education.
- Student will be able to recognize the different scopes of Mechanical Engineering in education.
- Student will be able to analyze their future perspective in the field of education.

MAPPINGS WITH PO & PSO:

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3
CO1	-	-	-	-	-	3	-	-	-	-	-	-	2	3	2
CO2	-	-	-	-	-	-	-	-	3	-	-	-	2	3	2
CO3	-	-	-	-	-	-	-	-	-	-	-	3	2	3	2

FLYER / POSTER:

POORNIMA
COLLEGE OF ENGINEERING
Affiliated to RTU, Kota • Approved by AICTE & UGC under 2(f) • Accredited by NBA

National Webinar
on
The Purpose of Education - Mental Balance

Happy Teachers' Day
Teachers can change the lives
with just right mix of chalk
and challenges
—Joyce Meyer

Dr. Vivek Vijay
Professor, Indian Institute of Technology Jodhpur
SEPTEMBER 05, 2020
Time:- 12:30 pm to 2:00 pm

गुरुर्जिता गुरुर्बिम्बं
गुरुर्वैवी महेश्वरा !
गुरुर्साक्षात् परब्रह्मा
तस्मै श्री गुरुवे नमः

The true teachers are those
who help us think for ourselves
Dr. Sarvepalli Radhakrishnan

Organized by
Department of Mechanical Engineering
Poornima College of Engineering
Join via:- <https://tinyurl.com/pcemetday>

Coordinators:-
Ms. Asha Kumawat: 9784384269 asha.kumawat@poornima.org
Dr. Rajkumar Satankar:- 8561995290 rajkumar.satankar@poornima.org

E-Certificates will be provided to all participants

In association
with
Divine India Youth Association (DIYA) Rajasthan

Dr. Mahesh Bunde
B.E., M.E., Ph.D.
Director
Poornima College of Engineering
ISI-6, RILCO Institutional Area
Gulapura, JAIPUR

BRIEF BIODATA OF RESOURCE PERSON:



Dr. Vivek Vijay is from the department of Mathematics at Indian Institute of Technology, Jodhpur & founder Coordinator of DIVINE INDIA YOUTH ASSOCIATION (DIYA), Rajasthan. Dr. Vivek Vijay earned his B.Sc. and M.Sc. from Govt. College, Kota and PhD from IIT Bombay, before eventually serving as Lecturer at BITS, Goa. He later joined Goa Institute of Management as an Assistant Professor and then moved to Syntel Inc. Company where he was member of the Quantitative Finance team as Manager. After a journey of about two successful years, this passionate teacher returned to the Academics and joined IIT Jodhpur as an Assistant Professor in the year 2010. Apart from a number of awards in his account, he is also awarded Gold Medal for securing highest marks in all Sciences in M.Sc. and the Best Faculty Award by IIT Jodhpur in the year 2014. He also edited a book entitled “Systems Thinking Approach for Social Problems”. Organizing National & International Conferences and Workshops on different areas of Mathematics and Statistics is part of his journey. He was also one of the Panelists in International Forum on Research & Development at McMaster University in 2011 at Canada.

His seminars express the need of hour to focus on value-based education for good moral values, ethics & stronger characters. He delivered many lectures on Personal values, Intellectual Values, Spiritual & Environmental Values, Moral, Social and Cultural Values also.

He is a combination of Value Based Academics & Administrative skills that he served as the Coordinator of Faculty Affairs & Students’ Affairs, Head of Counseling Services and recently serving as President of Faculty Association as well at IIT Jodhpur.

His keen interest towards betterment is initiated as ‘Parivartan’-The Social Initiative of IIT Jodhpur which is flourishing under his guidance.

Apart from his profession as already mentioned he is also the founder Coordinator of DIVINE INDIA YOUTH ASSOCIATION (DIYA), Rajasthan since its inception in 2006 by Dr. A P J Abdul Kalam and Dr. Pranav Pandya. DIYA Rajasthan has been engaged into various constructive Activities and Projects like divine workshops, aadarsh gram yojana, de-addiction movements, bal sanskar shala, yoga camps, plantation drives and summer camps for the upliftment of youth and to channelize their potential towards national development under the able guidance & inspiring leadership of Dr. Vivek Vijay.

the power of youth with nation. Educated, healthy, self-reliant, courteous and sensitive youth raises developed, powerful, prosperous, happy and superior nation.

ABSTRACT OF THE SESSION:

“The Purpose of Education - Mental Balance”

Teaching is a remarkably rewarding pursuit if one is able to enable and empower learners. However, it is also about being a confident and committed teacher with a sound balance of a healthy mind and a healthy body. Nowadays, the importance of physical and mental well-being of teachers and students needs to be stressed more than ever. Education or any activity that involves an exchange of knowledge should involve a consistent focus on mental and physical wellness. Let us look at some of the crucial aspects that can guide us about focusing on the overall well-being of our teachers and students. To understand how to make balance in mental and emotional health in education for both teacher and student. Teachers and students need to be healthy and happy. Any teaching or learning activity is incomplete without the inclusion of physical and mental fulfillment. Any study-plan that doesn't focus on nutrition and exercise fails to create happy teachers and students.

Meditation sessions are highly beneficial for everyone including those actively involved in the pursuit of knowledge. Practicing yoga and physical fitness helps trigger hormones within the brain which reduce stress. Students and teachers must be oriented through multiple sensitization programs about the importance of opening up as well as being mindful about what their colleagues might be going through.

Schools must think out of the box and deliver holistic solutions that would ensure both mental and physical well-being of teachers and students. These solutions should be implemented consistently keeping their long term impact in mind.

GLIMPSES:

Sanjay Kumawat is presenting

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National Webinar
The Purpose of Education - Mental Balance

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—Joyce Meyer

Dr. Vivek Vijay
Professor, Indian Institute of Technology, Jodhpur
SEPTEMBER 05, 2020
Time:- 12:30 pm to 2:00 pm

Organized by
Department of Mechanical Engineering
Poornima College of Engineering
Join via: <https://meet.google.com/jpm-ogza-xat>
Certifications will be provided to all participants

In association with
Divine India Youth Association (DIYA) Rajasthan
www.diya.net.in

Coordinators:
Dr. Isha Kumawat: YK31259 ishakumawat@poornima.org
Dr. Rajkumar Sankar: SSK195276 rajkumar.sankar@poornima.org

The true teachers are those who help us think for ourselves
Dr. Sarvepalli Radhakrishnan

Meeting details

People (47) Chat

Add people

Sanjay Kumawat (You)

Aditya PCE/17/ME/003

ajeet PCE18ME008

Akshay PCE/17/ME/006

AKSHIT SINGH PCE19ME009

ANMOL PANWAR PCE19ME012

Ashabal S Kumawat (ME, PCE)

Atul Singh PCE19ME701

12:30 PM
9/5/2020

Vivek Vijay is presenting

THE PURPOSE OF EDUCATION: MENTAL BALANCE

Organized by:
Poornima College of Engineering
in Association with
DIYA (Divine India Youth Association)
On September 05, 2020

Meeting details

People (67) Chat (10)

Sanjay Kumawat

SHISHUPAL JADOUN PCE19M...

SHIVAM BHAT PCE19ME511

sudipt PCE18ME068

Sunil PGI/17/ME/034

TUSHAR JANOID PCE19ME051

Vivek Vijay (Presentation)

Vivek Vijay

Yash PCE/17/ME/103

yash PCE18ME073

Yashpal Kaushik

12:42
05-09-2020

Sanjay Kumawat is presenting

Teachers Day Celebration, 5th September 2020
(Message by Dr. Sarvepalli Radhakrishnan)

INDIA

The end product of education should be a free creative man, who can battle against historical circumstances and adversities of nature.

Meeting details

People (58) Chat

Shailish Katara PCE19ME705

SHIVAM BHAT PCE19ME511

SHYAN WASI PCE18ME706

sudipt PCE18ME068

Sunil PGI/17/ME/034

Vivek Vijay

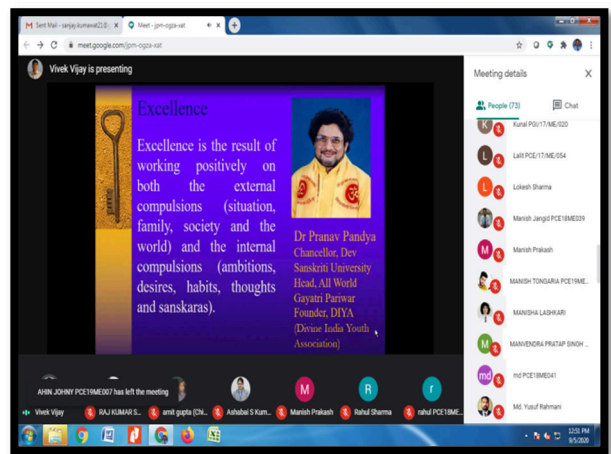
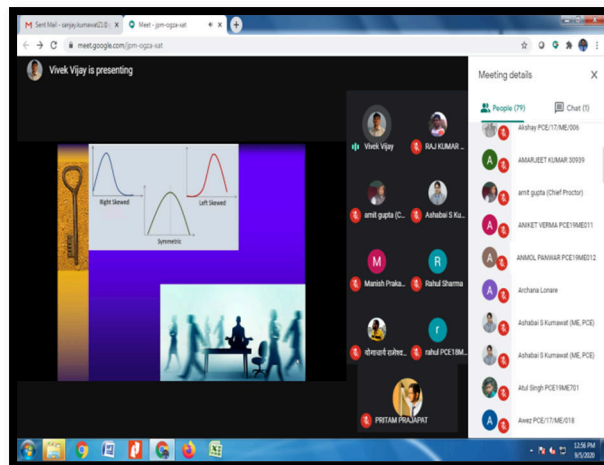
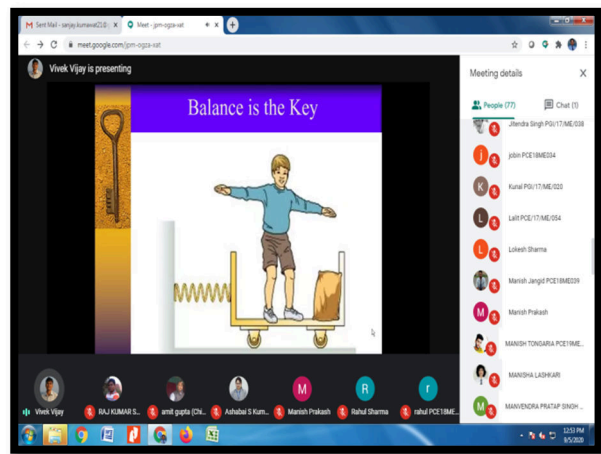
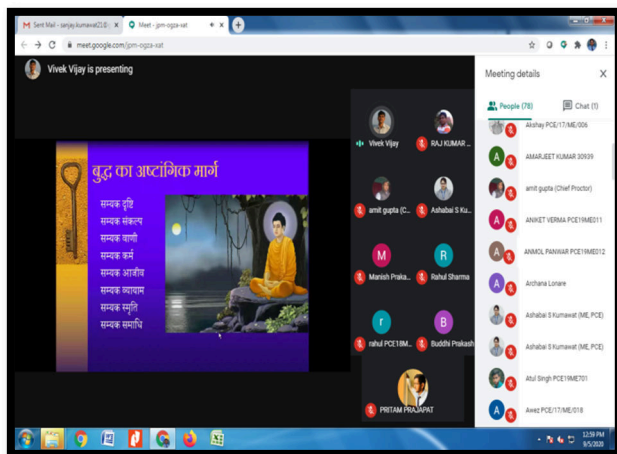
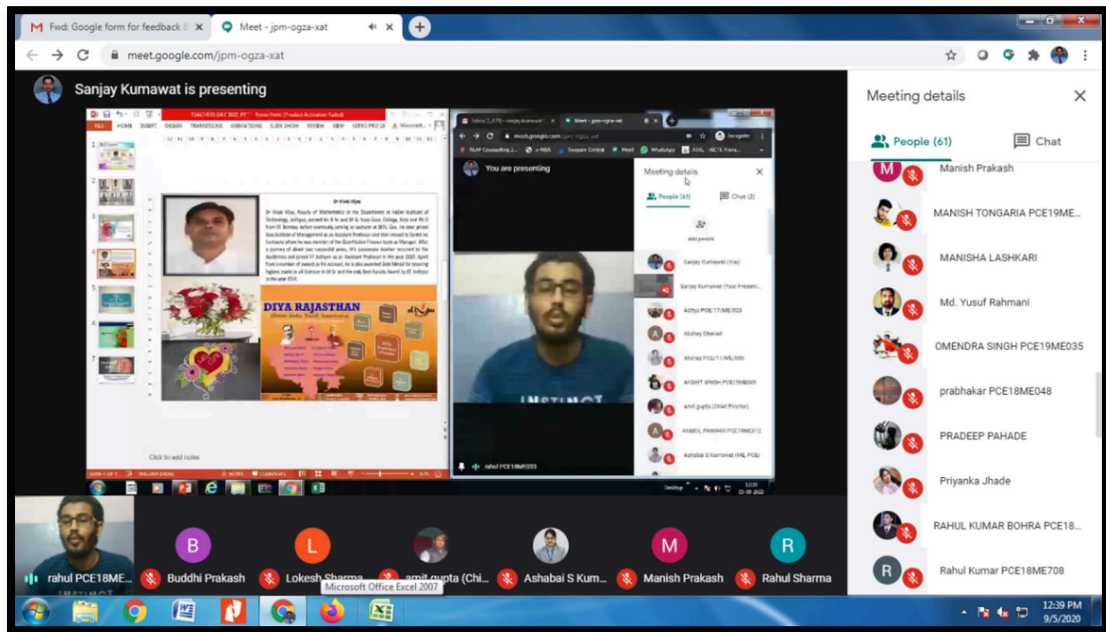
YASH DAHIYA PCE19ME061

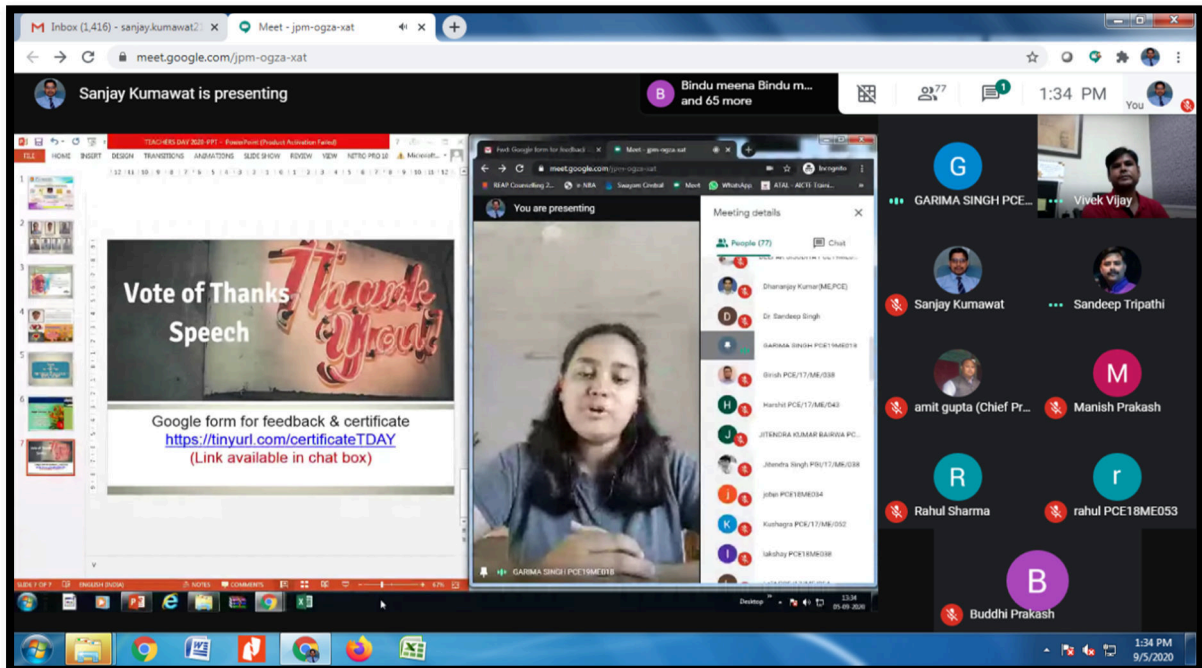
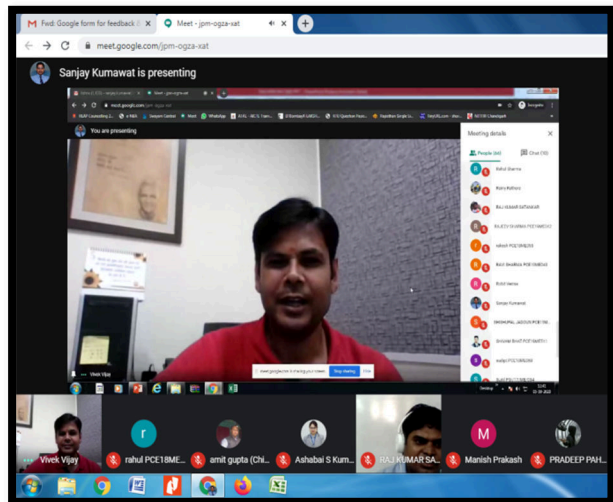
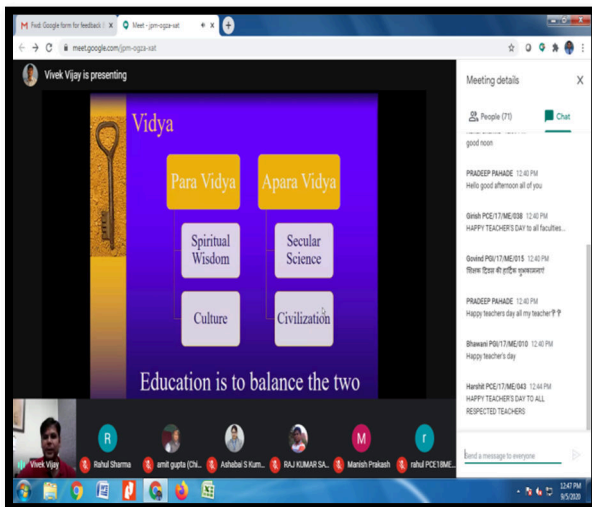
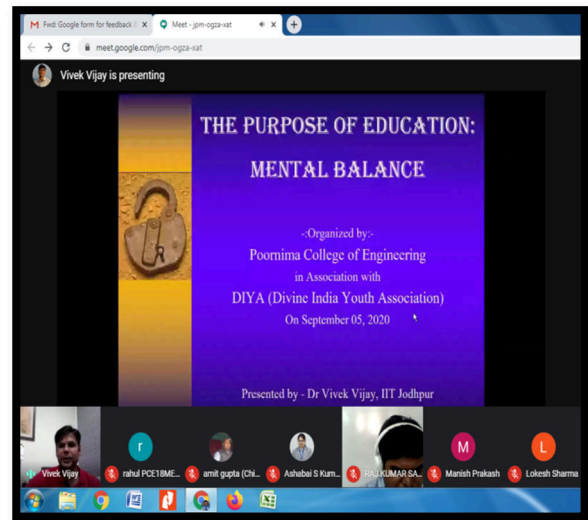
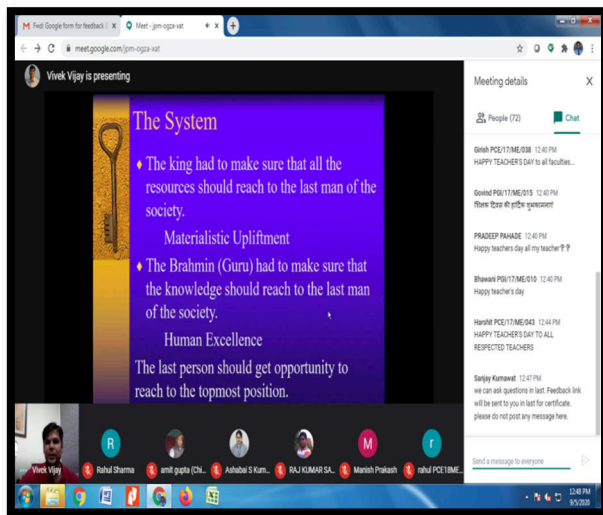
Yash PCE/17/ME/103

yash PCE18ME073

Yashpal Kaushik

12:33 PM
9/5/2020





LIST OF PARTICIPANTS:

S. NO.	NAME
1	ABDULLAH
2	ABHISHEK MISHRA
3	ABHISHEK
4	ABHISHEK
5	ADITYA
6	AJEET
7	AKSHAY DHAKAD
8	AKSHAY
9	AKSHIT SINGH SINGH
10	AMARJEET KUMAR
11	AMIT GUPTA
12	ANIKET VERMA
13	ANKIT KUMAR
14	ANMOL PANWAR
15	ARCHANA LONARE
16	ASHABAI S. KUMAWAT
17	ASHISH SHARMA
18	ATUL SINGH
19	AWEZ
20	BABLI LIKHITKAR
21	BALRAM KAVDE
22	BHUPENDRA KHANDELWAL
23	BUDDHI PRAKASH
24	DEEPAK SISODIYA
25	DHANANJAY KUMAR
26	DHRUV SINGH RATHOUR
27	DINESH
28	DINESH SHARMA
29	DR. AKSHAY JAIN
30	GARIMA SINGH
31	NITIN KHAPRIYE
32	OMENDRA SINGH
33	OMPRAKASH
34	PANKAJ MAYWAD
35	PANSHUL
36	PARAMVEER SINGH HADA
37	PARMESHWAR
38	PAVAN SAHU
39	PIYUSH
40	PRABHAKAR
41	PRADEEP PAHADE
42	PRAGYESH YADAV
43	PRANAV KUMAR SINGH
44	PRITAM PRAJAPAT
45	PRIYANKA JHADE

46	PRIYANKA PAWAR
47	RAHUL KUMAR BOHRA
48	RAHUL KUMAR
49	DR. RAHUL SEN
50	RAHUL SHARMA
51	DR. SAGAR KUMAR
52	GAURAV
53	GAURAV SHARMA
54	GIRISH
55	GOVIND
56	GOVINDPATEL
57	HARSHIT
58	HEMENDRA KUMAWAT
59	HIMMAT
60	INDRABHUSHAN GOKHALE
61	JATIN ARORA
62	JIGNESH SAINI
63	JITENDRA KUMAR BAIRWA
64	JITENDRA SINGH
65	KUSHAGRA
66	LALIT
67	LEKHA
68	LOKESH SHARMA
69	MANISH JANGID
70	MANISH PRAKASH
71	MANISH TONGARIA
72	MANISHA LASHKARI
73	MANVENDRA PRATAP SINGH
74	MAYANK
75	MD. YUSUF RAHMANI
76	MINAKSHI KHANDAGRE
77	NILAM NAGLE
78	SANJAY KUMAWAT
79	SHAILESH KATARA
80	SHER SINGH NARUKA
81	SHISHUPAL JADOUN
82	SHIVAM BHAT
83	SHYAN WASI
84	TUSHAR
85	VIPUL SINGH SOLANKI
86	VIVEK VIJAY
87	YASH DAHIYA
88	YASH
89	YASH SHARMA
90	YASHPAL KAUSHIK

FEEDBACK ANALYSIS:

Sr. No.	Attributes	Total Feed Back	Total Feed Back- 77 >80% Objective Achieved, 60 to 79 %- Satisfactory, Below 60%, Need improvement					
1	Do you think webinar was useful for you?	77	Yes	No	May be	---	---	Remark
			73	---	4	---	---	Objective Achieved (94.81%)
			94.81	---	5.19	---	---	
2	Did you receive all the information you expected at the webinar?	77	Yes	No	NA	---	---	Objective Achieved (100%)
			77	---	---	---	---	
			100	---	---	---	---	
3	How would you rate the webinar?	77	Excel lent	Very Good	Good	Ok	---	Excellent & Very Good Combindly Achieved the objective (90.91%)
			48	22	7	0	---	
			62.34	28.57	9.09	0.00	---	
4	How would you rate the organization of the event? 1- Poor - 5 Excellent	77	1	2	3	4	5	Rating 4 & 5 Combindly achieved the objective (93.51%)
			0	0	5	16	56	
			0.00	0.00	6.49	20.78	72.73	
5	Would you like to attend any further webinar organized by department of Mechanical Engineering, PCE?	77	Yes	No	May be	---	---	Objective Achieved (98.70%)
			67	1	9	---	---	
			87.01	1.30	11.69	---	---	