



POORNIMA

COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

A Report On

“HAPPITUDE- A JOURNEY WITHIN”

NAME OF ACTIVITY: Happitude- A Journey within

DATE & DURATION: 21 October 2021, 1.00 PM to 4.00 PM

TYPE OF ACTIVITY: Extra Curricular

ORGANIZED BY: Department of Electronics & Communication Engineering

LEARNING OUTCOMES:

- Helps reach education goals through free expression, debates, cooperation, coordination, etc.
- Develops habits of constructive competition, improves skills and competence
- Develops a sense of responsibility and belongingness
- Develops decision-making skills
- Develops leadership, managerial, and organizing skills
- Creates opportunities to meet with other like-minded students for socialization

FLYER:

POORNIMA
COLLEGE OF ENGINEERING

Affiliated to RTU, Kota • Approved by AICTE & UGC under 2(f) • Accredited by NBA

An Online Session on
'Happitude'
A journey within!!

Organized by:
Department of Electronics & Comm. Engg.
Poornima Women Welfare Association (PWWA)
Women in Science and Engineering (WISE)

Students' Council

Thursday, 21 October 2021
TIME 01:00 PM - 04:00 PM

Virtual platform: Microsoft teams

RSVP:
Ms. Kalpana Sharma
Member PWWA & WISE, PCE
☎ : +91-9413077523

Dr. Pretty Bhalla
Research Professor
Lovely Professional University

MAPPING WITH PO AND PSO:

LO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3
LO-1						3	2	2	3	3		1	2		3
LO-2						3	2	2	3	3		1	2		3
LO-3						3	2	2	3	3		1	2		3
LO-4						3	2	2	3	3		1	2		3
LO-5						3	2	2	3	3		1	2		3
LO-6						3	2	2	3	3		1	2		3

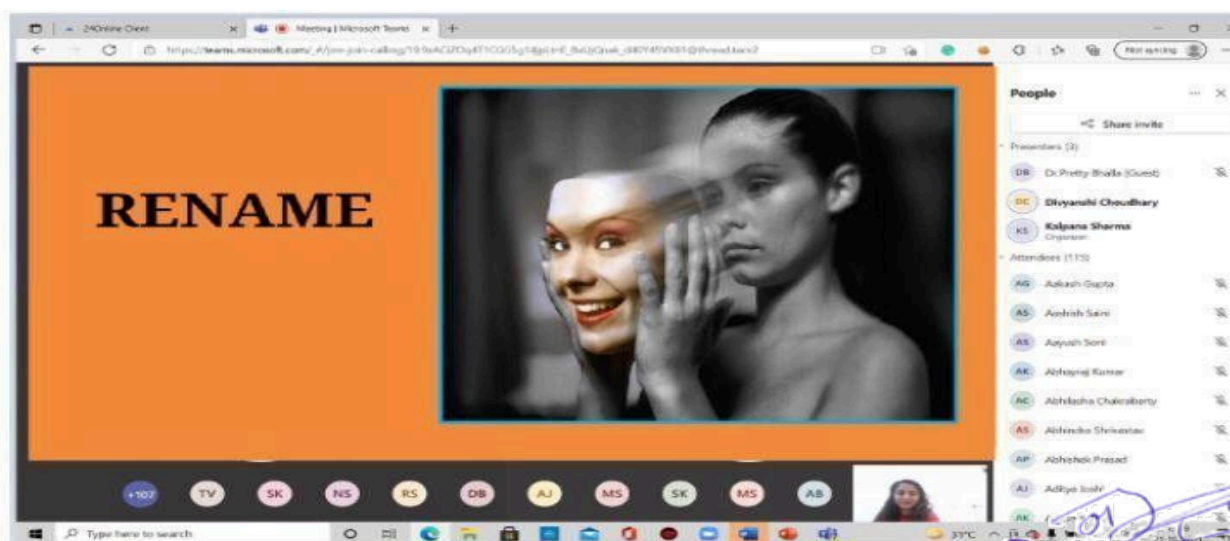
ASSESSMENT TOOLS: NIL

DETAILS OF TECHNOLOGICAL / PRACTICAL LEARNINGS:

The session on 'Happitude- a Journey within' was organized by the Department of Electronics and Communication Engineering, PCE under the banner of PWWA-WISE. The speaker Dr. Pretty Bhalla from Lovely Professional University provided deep insights into how emotions of self and others could be understood. She guided the participants to self-explore themselves through various activities. All participants were excited to learn the process of anchoring their life, career, and team members in the way they desire. The Wheel of Emotions shared by the speaker helped students to understand the various degrees of emotions felt by living beings. The three hours session on 'happitude' taught various tools, methodologies, and frameworks to inculcate happiness in the working culture.

The faculty coordinator for the session was Ms Kalpana Sharma, Assistant Professor, Member-WISE, Department of ECE, PCE and the Student coordinator was Divyanshi Choudhary, student, II year, Department of Computer Science and Engineering.

GLIMPSES:



Dr. Mahesh Bunde
B.E., M.E., Ph.D.
Director
Poonima College of Engineering
ISO 9001:2015 Institutional Area
Gulapura, JAIPUR

http://teams.microsoft.com/_?core-jan-04img/195eAC20g471C9G5g14ptwef_3ktgQrak_d80145V811@thread.tscv?

People

Share invite

Presenters (0)

- DB Dr. Priyanka Bhalia (Guest)
- DC Divyanshi Choudhary
- KS Kalpana Sharma

Attendees (100)

- AS Anshika Saini
- AS Anshika Saini
- AK Abhishek Kumar
- AC Aditya Chakrabarty
- AS Aditya Chakrabarty
- AP Aditya Chakrabarty
- AK Aditya Chakrabarty
- AS Aditya Chakrabarty
- AK Aditya Chakrabarty
- AS Aditya Chakrabarty

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General

13:53

Show participants

Dr. Priyanka Bhalia (Guest)

Dr. Garima Mathur

Ms. Twinkle Sharma

Kalpana Sharma

Participants:

- Alkhat Gupta
- On hold
- DR
- TV
- Divya Rastogi
- Tarun Verma
- +117
- Bhanu Shar...

29°C Haze

ENG 13:10

PARTICIPANTS DETAILS:

S. No.	Enrolment ID	Name of the Student	Organization
1	PCE17EC001	ABHIMANYU .	Poornima College Of Engineering
2	PCE17EC002	ABHINAV ANAND	Poornima College Of Engineering
3	PCE17EC003	ABHISHEK KUMAR	Poornima College Of Engineering
4	PCE17EC004	ABHISHEK SINGH HADA	Poornima College Of Engineering
5	PCE17EC005	ADHAAR SAXENA .	Poornima College Of Engineering
6	PCE17EC006	ADITI CHOUDHARY .	Poornima College Of Engineering
7	PCE17EC007	AGRAJ SHARMA .	Poornima College Of Engineering
8	PCE17EC008	AMAN AGARWAL	Poornima College Of Engineering
9	PCE17EC009	AMAN SHARMA .	Poornima College Of Engineering
10	PCE17EC010	AMARDEEP KUMAR	Poornima College Of Engineering
11	PCE17EC011	AMISHA GOSWAMI	Poornima College Of Engineering
12	PCE17EC012	AMIT YADAV	Poornima College Of Engineering
13	PCE17EC013	ANCHAL BANGAR	Poornima College Of Engineering
14	PCE17EC014	ANCHAL BOHRA .	Poornima College Of Engineering
15	PCE17EC015	ANKIT MANDOWARA	Poornima College Of Engineering
16	PCE17EC017	ANURAG ATINDRA	Poornima College Of Engineering
17	PCE17EC018	ARPIT SHARMA .	Poornima College Of Engineering
18	PCE17EC019	ARVIND SINGH .	Poornima College Of Engineering
19	PCE17EC020	AWAIS GHANI	Poornima College Of Engineering
20	PCE17EC021	AYUSH AGARWAL .	Poornima College Of Engineering
21	PCE17EC022	BHAVANA ADDANIA .	Poornima College Of Engineering

22	PCE17EC024	DEEPAK KUMAR SINGH	Poornima College Of Engineering
23	PCE17EC025	DHRUV TRIVEDI .	Poornima College Of Engineering
24	PCE17EC026	GOPESH YADAV .	Poornima College Of Engineering
25	PCE17EC028	HARSHIT KHANDELWAL	Poornima College Of Engineering
26	PCE17EC029	HIMANSHU SANGA	Poornima College Of Engineering
27	PCE17EC031	ISHIKA JAIN .	Poornima College Of Engineering
28	PCE17EC032	ISHITA SHIVRAN .	Poornima College Of Engineering
29	PCE17EC033	ITEE SONI	Poornima College Of Engineering
30	PCE17EC034	JAYESH BHARGAVA .	Poornima College Of Engineering
31	PCE17EC036	KUNAL SINGH RANAWAT	Poornima College Of Engineering
32	PCE17EC038	MAHIMA AGRAWAL	Poornima College Of Engineering
33	PCE17EC039	MOHAMMED ANAS PATHAN	Poornima College Of Engineering
34	PCE17EC040	NAKUL SINGH RAJAWAT	Poornima College Of Engineering
35	PCE17EC042	NANDITA JAIN .	Poornima College Of Engineering
36	PCE17EC043	NAVEEN .	Poornima College Of Engineering
37	PCE17EC044	NIKHIL AGARWAL .	Poornima College Of Engineering
38	PCE17EC045	NISHANT KUMAR	Poornima College Of Engineering
39	PCE17EC046	NISTHA CHANDALIYA	Poornima College Of Engineering
40	PCE17EC048	PALLAVI BANSAL .	Poornima College Of Engineering
41	PCE17EC049	PANKAJ KHANGAROT	Poornima College Of Engineering
42	PCE17EC050	PRACHI MATHUR	Poornima College Of Engineering
43	PCE17EC051	PRAJJWAL SAINI .	Poornima College Of Engineering
44	PCE17EC052	PRATEEK KASHYAP	Poornima College Of Engineering
45	PCE17EC053	PRATIKSHA SAHU .	Poornima College Of Engineering
46	PCE17EC056	RAJENDRA KUMAWAT .	Poornima College Of Engineering
47	PCE17EC057	RESHU KUMARI	Poornima College Of Engineering
48	PCE17EC059	RITIK SHARMA	Poornima College Of Engineering
49	PCE17EC060	ROHIT SHARMA .	Poornima College Of Engineering
50	PCE17EC063	SACHIN KUMAR JAIMAN .	Poornima College Of Engineering

51	PCE17EC068	SHREYA MATHUR	Poornima College Of Engineering
52	PCE17EC069	SHREYA MATHUR(NM)	Poornima College Of Engineering
53	PCE17EC070	SHREYASH DADHICH	Poornima College Of Engineering
54	PCE17EC071	SHUBHAM AGARWAL .	Poornima College Of Engineering
55	PCE17EC072	SHUBHAM SAINI	Poornima College Of Engineering
56	PCE17EC073	SIDDHANT MUNDRA	Poornima College Of Engineering
57	PCE17EC074	SRISHTI MEENA .	Poornima College Of Engineering
58	PCE17EC075	SUBHAM SHARMA	Poornima College Of Engineering
59	PCE17EC076	SURAJ BAIRWA	Poornima College Of Engineering
60	PCE17EC078	TRILOK HADA .	Poornima College Of Engineering
61	PCE17EC082	VISHAL MALVIYA .	Poornima College Of Engineering
62	PCE17EC083	VISHESHA UPADHYAY .	Poornima College Of Engineering
63	PCE17EC084	YASH SHARMA .	Poornima College Of Engineering
64	PCE17EC085	YOGENDRA SINGH CHOUHAN	Poornima College Of Engineering
65	PCE18EC702	TAWFEEQ AHMAD PARRAY	Poornima College Of Engineering
66	PCE19EC009	APEKSHA	Poornima College Of Engineering
67	PCE19EC010	ARYAN	Poornima College Of Engineering
68	PCE19EC011	ASHIKA CHATURVEDI	Poornima College Of Engineering
69	PCE19EC012	ASHISH RAJ	Poornima College Of Engineering
70	PCE19EC013	AVINASH KUMAR	Poornima College Of Engineering
70	PCE19EC014	BHANSALI KARAN SURESH	Poornima College Of Engineering
71	PCE19EC015	BHARAT KUMAWAT	Poornima College Of Engineering
72	PCE19EC016	BHAVIT JAIN	Poornima College Of Engineering
73	PCE19EC022	DIVYANSH MATHUR	Poornima College Of Engineering
74	PCE19EC023	GAURAV KUMAR	Poornima College Of Engineering

75	PCE19EC024	GAUTAM JESWANI	Poornima College Of Engineering
76	PCE19EC026	JHALAK DASHORA	Poornima College Of Engineering
77	PCE19EC027	JITESH CHETANI	Poornima College Of Engineering
78	PCE19EC029	KANAK MADAN	Poornima College Of Engineering
79	PCE19EC030	KANISHKA AGARWAL	Poornima College Of Engineering
80	PCE19EC031	KISHAN BARANWAL	Poornima College Of Engineering
81	PCE18EC001	AAYUSHI BOHRA	Poornima College Of Engineering
82	PCE18EC002	ABHIJEET	Poornima College Of Engineering
83	PCE18EC003	ABHISHEK GUPTA	Poornima College Of Engineering
84	PCE18EC004	ADITI AGRAWAL	Poornima College Of Engineering
85	PCE18EC005	AKASH SUMAN	Poornima College Of Engineering
86	PCE18EC006	AMAN JAIN	Poornima College Of Engineering
87	PCE18EC007	ANANYA KATARA	Poornima College Of Engineering
88	PCE18EC008	ANIKET SHARMA	Poornima College Of Engineering
89	PCE18EC010	ANKITA PRAJAPAT	Poornima College Of Engineering
90	PCE18EC011	ANSHIKA CHECHANI	Poornima College Of Engineering
91	PCE18EC014	APOORVA MEENA	Poornima College Of Engineering
92	PCE18EC015	ARUSHI GUPTA	Poornima College Of Engineering
93	PCE18EC016	ATUL KUMAR SINGH	Poornima College Of Engineering
94	PCE18EC017	AVANTIKA SONI	Poornima College Of Engineering
95	PCE18EC018	AYUSH CHAPLOT	Poornima College Of Engineering
96	PCE18EC019	BHAWANA GAUTAM	Poornima College Of Engineering
97	PCE18EC020	BHOOMIKA AGRAWAL	Poornima College Of Engineering
98	PCE18EC021	CHITRIKA BAGOTIA	Poornima College Of Engineering

99	PCE18EC022	DEVASHISH	Poornima College Of Engineering
100	PCE18EC023	DIKSHANT KUMAR RATHORE	Poornima College Of Engineering

FEEDBACK ANALYSIS:

The participants registered for the event by filling out a Google form. The event received a good number of responses from faculties as well as students. The participation was 250+. Very Good Activity and Everyone liked to be part of it.

